



# YPSC Club Night

Season 2023/2024

## Information for swimmers and families attending YPSC Club Nights during Season 2023/24

Club Night is held on a Wednesday Night, with first race at 6.15pm.

Please refer to the Club Night Program for details of strokes/events.

| YPSC Club Night Program 2023/2024                           |      |  |              |            |            |          |
|---|------|--|--------------|------------|------------|----------|
| Date  | Pool | Freestyle  | Breaststroke | Backstroke | Butterfly  | Medley   |
| Club Night 1<br>October 11, 2023<br>(Entries Close 8 Oct)   | 50m  | 25/50/100m   |              | 25/50/100m | 25/50/100m |          |
| Club Night 2<br>October 25, 2023<br>(Entries Close 22 Oct)  | 50m  | 25/50/100m   | 25/50/100m   |            |            | 100/200m |
| Club Night 3<br>November 8, 2023<br>(Entries Close 5 Nov)   | 50m  | 25/50/100m   |              | 25/50/100m | 25/50/100m |          |
| Club Night 4<br>November 22, 2023<br>(Entries Close 19 Nov) | 50m  | 25/50/100m   | 25/50/100m   |            |            | 100/200m |
| November 29, 2023<br>(Entries Close 26 Nov)                 | 50m  | Ted Curtis Brace Relay & Xmas Breakup (Nominations via Email Link) |              |            |            |          |
| Club Night 5<br>January 17, 2024<br>(Entries Close 14 Jan)  | 50m  | 25/50/100m   |              | 25/50/100m | 25/50/100m |          |
| Club Night 6<br>January 31, 2024<br>(Entries Close 28 Jan)  | 50m  | 25/50/100m   | 25/50/100m   |            |            | 100/200m |
| Club Night 7<br>February 14, 2024<br>(Entries Close 11 Feb) | 50m  | 25/50/100m   |              | 25/50/100m | 25/50/100m |          |
| February 28, 2024<br>(Entries Close 25 Feb)                 | 50m  | Alan Waite Handicap Relay (Nominations via Email Link)             |              |            |            |          |
| Saturday<br>March 16, 2024 (TBC)                            | 25m  | Club Championships<br>DATE TO BE CONFIRMED CLOSER TO EVENT         |              |            |            |          |

### Nominations

Nominations for Club Nights 1-4 & 5-7 are via Swim Central called **YPSC Club Night**

Nominations for Ted Curtic Brace Relay and Alan Waite Handicap Relay are via email link sent the week prior.

Club Night Nominations are now open with nominations closing **Sunday at 11.59pm prior to each club night.**

### Please Note

There is a *maximum of 3 events per swimmer*, one distance for each stroke only.

*You CANNOT swim the same stroke twice in different distances.*

You MUST ensure you have the qualifying time for the longer distance events.



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## Qualifying Times

To swim a 50m event, you must have a 25m time faster than the following:

- Freestyle & Butterfly - 25 seconds
- Breaststroke & Backstroke - 30 seconds

To swim a 100m event, you must have a 50m time faster than the following:

- Freestyle - 40 seconds
- Butterfly - 42 seconds
- Breaststroke - 49 seconds
- Backstroke - 44 seconds
- Individual medley - 1:35 minutes

## Self-Marshalling

**We will self-marshall at the concrete area between the 50m and 25m pools from 6.05pm**

We will marshal 5 heats in advance throughout the evening to allow for a continuous flow of races.

- We will run our club night races in order of FASTEST heat to SLOWEST heat.
- There will be a Marshalling Assistant and Check Starter to assist swimmers.

Please ensure your swimmer is aware of their Event, Heat & Lane number for their races. The Entry List will be emailed to all parents & swimmers prior to Club Night.

## BBQ Dinner

We welcome you to enjoy a BBQ dinner prior to the start of racing. The barbecue is available from **5:15pm** and we are now only accepting **CARD** payments. On offer we have:

- Sausage on Bread
- Sausage & Drink Meal
- Burger (Chicken or Beef)
- Burger & Drink Meal

## Volunteers – BBQ & Timekeeping

Our club nights can't proceed without several volunteers. We require volunteers to assist with the BBQ & timekeeping.

**BBQ Cooks & Servers:** BBQ cooks will need to be available from 4:30pm onwards and servers from 5:00pm. Please notify BBQ Coordinator Sue Wells of your availability to assist on 0404 719 705. Alternatively, just head to the BBQ area on club night to assist.

**Timekeepers:** We require a minimum of 8 timekeepers on Club Night. Timekeepers will need to be available from 6:00pm. The more volunteers we have on the night - the less time we will need your assistance. We will be calling for timekeeper volunteers on the night or you can notify our Club Night Coordinator Gemma Zangari on 0414 231 979 to let her know your availability.

## Additional Notes

- All other pools in the complex are out of bounds for club night swimmers.
- Please pack a couple of towels, you would be surprised at how wet they get after each event.
- Also, bring a jumper or jacket. Once the sun goes down it gets surprisingly cool at the pool complex.
- Results will be available on Meet Mobile.