

**YERONGA PARK SWIMMING CLUB
EST 1964**



**Club Handbook
Season
2022 – 2023**

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Committee Members Season 2022-2023

Patrons

Ms Shelly Douyere
Life Member

Mr Russell Henry
Life Member

Management Committee		Phone	Email
President	Adam Sheehan	0413 742 021	president@ypsc.com.au
Vice President	Shelly Douyere	0417 648 634	shelly@yerongaswimming.com.au
Secretary	Kate Davies		secretary@ypsc.com.au
Treasurer	Michelle Buckley		treasurer@ypsc.com.au
Registrar	Troy Davies		registrar@ypsc.com.au

Other Positions		Phone	Email
Race Secretary	Ben Battist		racese secretary@ypsc.com.au
Assistant Race Secretary	Andrea Creely		racese secretary2@ypsc.com.au
Clothing Co-Ordinator	Jill Toppenberg		clothing@ypsc.com.au
Assistant Clothing Co-Ordinator	Kylie Sheehan		clothing2@ypsc.com.au
Sponsorship Co-Ordinator	VACANT		sponsorship@ypsc.com.au
Club Night / Meet Co-Ordinator	Gemma Zangari	0414 231 979	clubcoordinator@ypsc.com.au
General Committee Members	Janet Longmire		generalcommittee2@ypsc.com.au
Barbecue Co-Ordinator	Sue Wells		barbecue@ypsc.com.au
Chief Timekeeper	Alan Waite	(07) 3273 2945	N/A
Technical Officials Co-Ordinator	Ted Curtis	0407 474 856	N/A
Technical Officials	Ted Curtis & Alan Waite	0407 474 856 Ted (07) 3273 2945 Alan	N/A

Club Email Contact & General Enquiries	secretary@ypsc.com.au
Website	https://yerongapark.swimmingclub.org.au/
Team APP	Download Team APP via your app store and search for Yeronga Park Swim Club and request to join.
Facebook	www.facebook.com/yerongaparkswimclub

A Note From Our Director of Coaching

I would like to welcome everyone to the 2022-2023 Season, especially new members to the club and squads.

Yeronga Park Swimming Club competes in the prestigious Premier Division of the Brisbane Swimming Association and competes in local club meets right through to international competitions.

Our club is highly regarded nationally and internationally, particularly for promoting swimming from the developmental or teaching stage through to local, State, National and International levels. Our coaches are fully accredited with the Australian Coaches Association.

Our number one priority to all club members, no matter what level of competition they are part of, is to enjoy and love what they are doing and to always promote swimming as a happy and healthy sport to participate in. I am sure that we can all look forward to a successful season ahead.

I encourage all families to support the functions, and particularly our club nights during the season.

I believe that it is fundamentally important for all our swimmers to attend club nights to practice racing without the pressure of trying to swim a certain time or win a medal. Racing is a skill. On club nights our swimmers, particularly our young swimmers, will develop these skills and confidence so that when they are on the big stage at Chandler, they feel comfortable.

Parental support is ever so vital in the successful running of a club. We have an excellent and enthusiastic band of parents and now it's up to them to work closely with the coaches and the committee for the benefit of our greatest asset - our swimmers.

Robert Van Der Zant
Director of Coaching

How to Join Our Club – Brand New Member Registration

Joining our club as a new member is easy and is completed on-line via the new Swim Central system which was introduced in June 2019.

If you are brand new to swimming, and don't already have a Swim Central account you will need to register. A parent/guardian needs to register using a unique email address. No under 18-year-old should be registered with Swim Central, all under 18-year-olds are added to a parent/guardian's family group as a dependent.

To **register** please go to <https://swimcentral.swimming.org.au> and follow the prompts below.

STEP 1.

Navigate to Swim Central and at the bottom of the screen Select Register for an account.

Enter your preferred e-mail, personal details and create a password that contains at least 8 characters, with at least 1 uppercase letter and 1 number and select Register.

Alternatively you can register using your Google, Facebook or Apple account.

The image contains two side-by-side screenshots of the Swim Central website's registration process. The left screenshot is titled 'Login to your account' and shows options to login with Google, Facebook, or Apple, or to continue with email and password. A red box highlights the link 'Don't have a login? Register for an account' at the bottom. The right screenshot is titled 'Sign Up for an account' and shows fields for email, first and last name, date of birth, gender, and postcode. A 'Create Password' field is also present. A red box highlights the 'Register' button at the bottom. Below the 'Register' button, there is a link for 'Already have an account? Log In'.

STEP 2.

A confirmation email will be sent to the registered email address from noreply@swimming.org.au. You will need to access your inbox and click the confirmation link in the email before proceeding.

Please check your spam/junk folders if you do not see an e-mail in your inbox within a few minutes. Select Return to Swim Central from the e-mail to confirm your e-mail address.

Hi Parent,

Thanks for signing up to Swim Central!

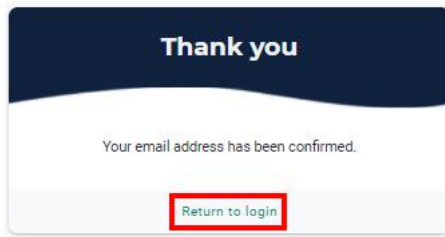
For security reasons we'd like you to take a moment to confirm your email address.

[Return to Swim Central](#)

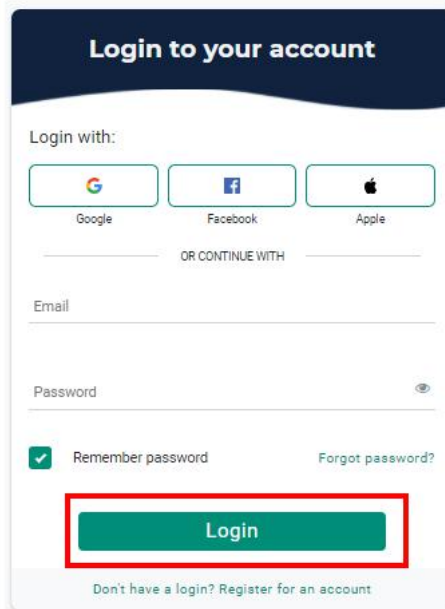
STEP 3.

A new window will pop up to show you that your email address has been confirmed.

Select Return to Log in and the system login screen will appear.



Enter your newly registered e-mail and password then select **Login**.



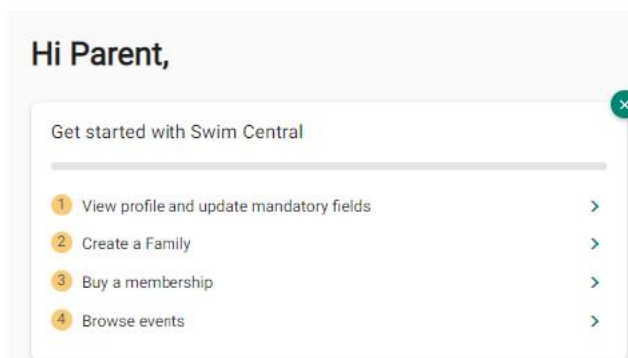
Agree to the Terms and Conditions.

You will now be logged in to Swim Central.

STEP 4.

From your personal dashboard you will see a Get Started with Swim Central Checklist.

Step through each of these items to complete.



[View Profile and Update Mandatory Fields](#)

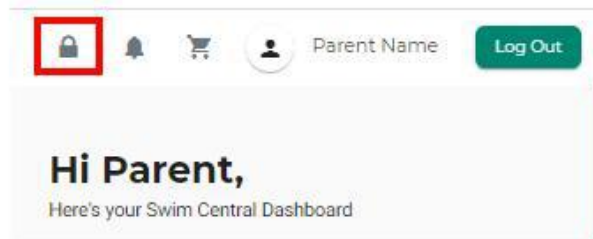
[Create a Family](#)

[Buy a Membership](#)

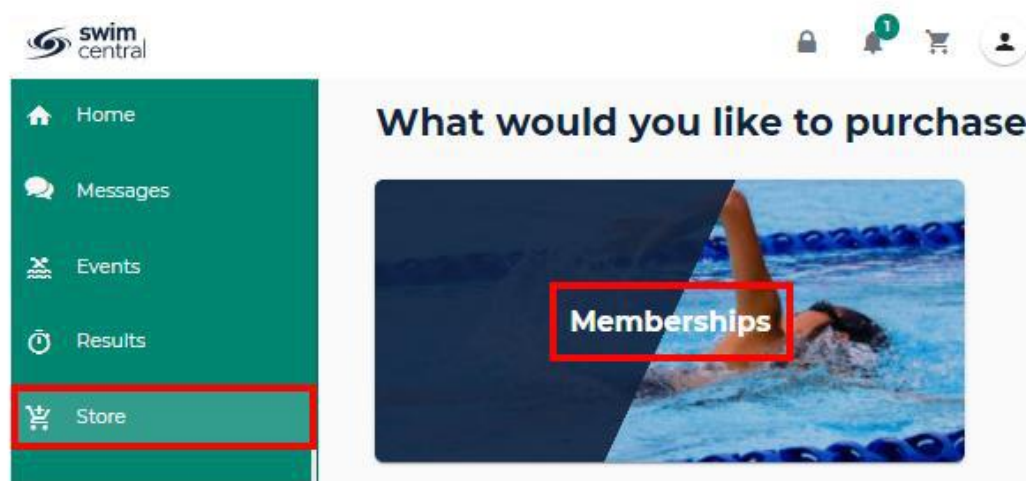
[Browse Events](#)

Now **Purchase a Membership** for Yeronga Park Swim Club. Follow the prompts below.

- 1) Login to Swim Central and select the padlock at the top right corner and enter your 'PIN'
NB. If you are an individual not attached to a family group, purchasing for yourself, you will not require a pin.



- 2) From the menu options select Store, Select Memberships



- 3) Search for your club by club/organisation, postcode or suburb

- 4) Select the member who you are purchasing a membership for

Select the member

Memberships

[Back to Store](#)

1. Find a Club

Search for club, postcode or suburb



2. Who are you purchasing for?

Child Name



- 5) A list of available memberships for which they meet the age criteria will display.
- 6) Select the appropriate membership by selecting 'Add to Cart for **John**' at the bottom of the product tile

Please note that membership filtering for age is based on the age of the member on the membership start date.

1 Memberships found

*Volume discounts may apply

Membership Product Name *

Club Name

\$145.15 Inc fees & GST

Start Date 1.7.2021

Expiry Date 30.6.2022

Age group 9 to 150

Payment Type Upfront Payment

Add to Cart for Child

- 7) Continue to add memberships to your cart by selecting the member and then finding the appropriate membership then adding to cart as required.

- 8) Once all memberships have been added to your cart select Shopping Trolley at the top of the page



9) At the Checkout

1. Confirm all details are correct and assigned to the correct name
2. Enter name on credit card
3. Enter card number, expiry date and CVC
4. Read and agree with Terms and Conditions
5. Select 'Buy Now'

The screenshot shows a checkout page with a 'Payment Method' section. A red box highlights the cart items, and numbered callouts (1-5) point to specific elements: 1. 'Child' label, 2. 'Parent Name' field, 3. 'Visa 4242 exp. 4/24' card selection, 4. 'Agree with Terms & Conditions' checkbox, and 5. 'Buy Now' button.

Checkout

[Continue Shopping](#)

CN Child 1	Delete All
Membership Product Name Club Name	\$145.15 <input type="text"/>
subtotal	\$145.15

GST	\$13.20
Fees	\$1.95
TOTAL	\$145.15*
<small>*includes components</small>	

Payment Method

[Credit](#)

Name on Card
Parent Name

3 Visa 4242 exp. 4/24
[Use a different Credit Card](#)

4 Agree with [Terms & Conditions](#)
 Remember card details

5 [Buy Now](#)

10) A screen saying 'Thank you for your purchase' shows with a summary of your purchases and a confirmation email will be sent to your registered email address.

The screenshot shows a confirmation screen titled 'Thank you for your purchase' with a summary of the purchase details and two buttons at the bottom: 'Go to Purchases' and 'Continue Shopping'.

Thank you for your purchase

Child Name	
Membership Product Name Club Name	\$145.15
GST	\$13.20
Fees	\$1.95
TOTAL	\$145.15*
<small>*includes components</small>	

[Go to Purchases](#) [Continue Shopping](#)

How to Transfer from Another Club

If you are transferring from another club to Yeronga Park Swim Club please go to <https://swimcentral.swimming.org.au> and follow the prompts below.

Purchase a new membership in full for the transferring swimmer, then from that swimmer's profile select the old membership and use the "transfer" button to transfer; this process will automatically refund the amounts from the old membership that are the same as the new membership (e.g. the Swimming Australia component).

*Please note, this transfer process is only required for mid-season transfers. Any end/start of season changes of club are handled by simply purchasing the new club's membership product.

If you have any queries about joining the club please do not hesitate to contact the club Registrar via email at registrar@ypsc.com.au

Resetting a Forgotten Password

If you have forgotten your password, navigate to Swim Central <https://swimcentral.swimming.org.au> and select the "Forgot Password?" link.

Membership Information

MEMBERSHIP TYPES:

Yeronga Park Swimming Club (YPSC) offers 2 main 'swimming' membership types:

1. Competitive member 9+ years old
2. 8 year old and under member

MEMBERSHIP NOTES:

- Total membership fees are made up of two major components:
 - Fees charged by the respective swimming associations. This includes Swimming Australia (SAL), Swimming Qld (SQ) and the Brisbane Region, and
 - Fees charged by the club / YPSC. These fees are:
 - Competitive member 9+ years old: \$100.00 for one member.
 - 8 year old & under member: \$50.00 for one member.
- YPSC offers significant discounts for multiple members of one family (for the portion of the YPSC fee only). These are further detailed in the tables below.
- **Important note:** All discounts only apply when all family members are registered and paid for at the one time.
- Age is taken as at the commencement of the season, being the 1st July each year.
- Please note, while the commencement of the season is the 1st July each year, membership is valid until the 30th September of the following year.
- The club also highly recommends at least one 'parent' is a registered member of YPSC. The fee for this membership type is nil.

MEMBERSHIP BENEFITS:

- Being part of a family friendly swimming community that promotes participation!
- Being a member of a swimming club is not only a great way to make friends, have fun and learn important life skills it's also a great way to stay active and healthy.
- Through their membership, swimmers have the ability to compete at all levels of swimming from local junior events, Brisbane, State, right through to a National level (obviously subject to meeting qualifying times as necessary and entry fee's).
- YPSC has a long and proud history in swimming and is one of the top swimming clubs in Brisbane (and Queensland!) - and competes in the prestigious 'Premier' division of the Brisbane Swimming Association.
- Membership allows swimmers at all levels to participate in swim club nights (free of charge) that are typically held from October through to March each year.
- In particular, the club promotes junior members to participate in the swim club nights, with the main aim of having fun and competing in a more relaxed atmosphere (but still undertaken in race conditions).
- There are other events during the year, typically including a Christmas break-up party and fun relay events.
- The swim club also holds a swim club championship and presentation event, typically towards the end of the season around March each year. Both events are to be confirmed closer to the events.

Membership Fees 2022-2023

FAMILY MEMBERSHIP FEES – FOR FAMILIES WITH 9+ YEAR OLD COMPETITIVE SWIMMERS ONLY:

	SAL FEE	SQ FEE	BRISBANE (REGION)	Sub-Total (After Discounts Applied)**	YPSC FEE **	TOTAL FEES *
1 x Competitive 9-Year-Old	30.00	52.00	10.00	92.00	100.00	192.00
2 x Competitive 9-Year-Old	60.00	104.00	20.00	184.00	140.00	324.00
3 x Competitive 9-Year-Old	90.00	156.00	30.00	248.70	150.00	398.70
4 x Competitive 9-Year-Old	120.00	208.00	40.00	293.60	160.00	453.60
5 x Competitive 9-Year-Old	150.00	260.00	50.00	323.00	160.00	483.00

FAMILY MEMBERSHIP FEES – FOR FAMILIES WITH 8-YEAR-OLD & UNDER MEMBERS ONLY:

	SAL FEE	SQ FEE	BRISBANE (REGION)	Sub-Total (After Discounts Applied)**	YPSC FEE **	TOTAL FEES *
1x 8 & Under	20.00	37.00	5.00	62.00	50.00	112.00
2x 8 & Under	40.00	74.00	10.00	124.00	70.00	194.00
3x 8 & Under	60.00	111.00	15.00	167.40	75.00	242.40
4x 8 & Under	80.00	148.00	20.00	197.60	80.00	277.60
5x 8 & Under	100.00	185.00	25.00	216.75	80.00	296.75

MIXED FAMILY COMBINATION EXAMPLES (INCLUDING BOTH COMP 9+ YEAR OLD AND 8-YEAR-OLD & UNDER MEMBERS):

	SAL FEE	SQ FEE	BRISBANE (REGION)	Sub-Total (After Discounts Applied)**	YPSC FEE **	TOTAL FEES *
1x Comp 9+ & 1x 8 & Under	50.00	89.00	15.00	154.00	105.00	259.00
1x Comp 9+ & 2x 8 & Under	70.00	126.00	20.00	194.50	100.00	294.50
1x Comp 9+ & 3x 8 & Under	90.00	163.00	25.00	221.60	100.00	321.60
1x Comp 9+ & 4x 8 & Under	110.00	200.00	30.00	238.00	96.00	334.00
2x Comp 9+ & 1x 8 & Under	80.00	141.00	25.00	221.60	125.00	346.60
2x Comp 9+ & 2x 8 & Under	100.00	178.00	30.00	245.60	120.00	365.60
2x Comp 9+ & 3x 8 & Under	120.00	215.00	35.00	259.25	112.00	371.25
3x Comp 9+ & 1x 8 & Under	110.00	193.00	35.00	269.60	140.00	409.60
3x Comp 9+ & 2x 8 & Under	130.00	230.00	40.00	280.50	128.00	408.50
4x Comp 9+ & 1x 8 & Under	140.00	245.00	45.00	301.75	144.00	445.75

PLEASE NOTE:

- * Total Fees quoted above exclude additional system and transaction processing fees. These additional fees will apply as follows:
 - A "**System Fee**" of 2.5% will be charged based on the total amount of fees calculated on the Yeronga Park Club Fee and also the Brisbane Region fee applied (Example: An additional \$2.75 will apply to someone paying for a one competitive 9+ year old membership).
 - A "**Transaction Fee**" of 1.5% will be calculated and applied based on the total amount of fees to be charged (Example: An additional \$2.88 will apply to someone paying for a one competitive 9+ year old membership).
- ** The SA, SQ, Brisbane Swimming, and YPSC fee discounts **only apply when payment is completed at the one time.**
- ** Various discounts apply for the Swimming Qld and Brisbane Region swimming associations for families with 3 or more members.
- The above fees are estimates provided by Yeronga Park Swimming Club as a guide, and the final fees due and payable will be per the amount generated by 'Swim Central'.

Club Night

Swim club nights are on a fortnightly basis conducted on Wednesday evenings in the 50m pool and commence at 6.15pm sharp. All races are swum in a friendly non-threatening environment because we want to ensure everyone has fun. Boys and girls swim together and simply race against their own time each club night. Points will be given for attendance and performance at club nights and these points will go towards awards at the end of our season.

***Nominations for club nights are completed online and close at 9pm on the Sunday evening prior to club night. Each club night link is available via Team App under the events tab or from our website under the News section.**

Before progressing to longer distances swimmers must be able to swim their current distance under specific promotion times which are listed below.

Promotion Times

<u>50m Promotion Times</u>	
Once swimmers have attained the following qualifying times over 25m, they are eligible to contest 50m events on club night.	
25m Freestyle & 25m Butterfly	<u>Swim under 25.0 seconds</u>
25m Breaststroke & 25m Backstroke	<u>Swim under 30.0 seconds</u>
<u>100m Promotion Times</u>	
Once swimmers have attained the following times over 50m, they are eligible to contest 100m and 200m events on club nights.	
50m Freestyle	<u>Swim under 40.0 seconds</u>
50m Butterfly	<u>Swim under 42.0 seconds</u>
50m Breaststroke	<u>Swim under 49.0 seconds</u>
50m Backstroke	<u>Swim under 44.0 seconds</u>
100m Individual Medley	<u>Swim under 1.35.00 seconds</u>

Volunteering on Club Night

On club night we need **help** with timekeeping and occasional other official duties. Our club night coordinator will be more than happy to show you how to time keep on the night, no previous experience required. All assistance is greatly appreciated, and it allows you to become involved in your child's sport and is a fantastic way to get to know new people.

Barbecue Dinner

Each club night we have a barbecue dinner prepared by our barbecue team. This is a major fundraising source for our club. This season we will be **CASHLESS** with a square reader which will accept debit and credit cards. We invite club members to come along and assist with our BBQ. Food and drinks will be available from around 5.30pm - 7.00pm each club night.

Club Championships

At this stage, our Club championships will be held on Saturday, March 4th 2023. Due to the many conflicting events that crop up in the swimming season it is possible that this event date may change. We will confirm this date closer to the event.

Club Championships are swum in all four strokes (Freestyle, Backstroke, Breaststroke and Butterfly) and to make things a bit more interesting the championships are swum in the 25m Short Course Pool. Ages start at 6 years and under and go through to 18 years and over.

Club Championships Distances

6 years & Under	25 Metres in all four strokes
7 years	25 Metres in all four strokes
8 years & Over	50 Metres in all four strokes

To be eligible to compete at Club Championships, swimmers must have competed at four (4) club nights or three (3) club nights plus one (1) swim meet and be a full financial member.

The Swim Club Management Committee reserves the right to open Club Championships to all financial members, without club night requirements, at their discretion.

All members will be notified should this decision be taken.



Club Night Program

Season 2022-2023

NOMINATIONS MUST BE COMPLETED ONLINE USING THE LINK EMAILED TO ALL MEMBERS OR VIA TEAM APP USING THE LINK IN THE CLUB NIGHT EVENT IN THE EVENTS TAB BY 9PM ON THE SUNDAY PRIOR TO CLUB NIGHT

Date	Pool	Freestyle	Breaststroke	Backstroke	Butterfly	Medley
Oct 12, 2022	50m	100m, 25m, 50m		100m, 25m, 50m	100m, 25m, 50m	
Oct 26, 2022	50m	100m, 25m, 50m	100m, 25m, 50m			100m, 200m
Nov 9, 2022	50m	100m, 25m, 50m		100m, 25m, 50m	100m, 25m, 50m	
Nov 23, 2022	50m	100m, 25m, 50m	100m, 25m, 50m			100m, 200m
Dec 7, 2022	50m	Ted Curtis Brace Relay & Xmas Breakup				
Christmas Recess – Squad Training continues						
Jan 18, 2023	50m	100m, 25m, 50m		100m, 25m, 50m	100m, 25m, 50m	
Feb 1, 2023	50m	100m, 25m, 50m	100m, 25m, 50m			100m, 200m
Feb 15, 2023	50m	100m, 25m, 50m		100m, 25m, 50m	100m, 25m, 50m	
Mar 1, 2023	50m	Alan Waite Handicap Relay				
Mar 4, 2023 (TBC)	25m	Club Championships DATE TO BE CONFIRMED CLOSER TO EVENT (Please note: this date may move and is dependent on other activities not yet announced)				

Swim Meets

As a club, we are well represented at all the Brisbane and Queensland Swim Meets. Most club members also participate in meets held by other clubs during the season.

A question frequently asked is "What should I go in?".

Our Director of Coaching, Rob Van Der Zant, believes that swimmers should nominate in all four strokes unless specifically advised otherwise, which is rarely the case.

Swimmers train to compete in all four strokes and Rob believes it is a waste of time sitting out an event at a meet just because it is not your preferred stroke. This is particularly important for all our 13yrs & under swimmers who should target all strokes.

Targeted Swim Meets

As a swim club we will "target" certain swim meets during the year, which, is where we like as many swimmers to participate as possible. These meets are always a lot of fun because of the great participation. Targeted swim meets are attended by our Coaches.

The swimmers get the chance to support their teammates. Parents also get an opportunity to get to know other parents and to participate in timekeeping or other official duties required at swim meets.

We send out email notifications to remind club members when nominations are due via our Race Secretary.

If you have a question about a swim meet feel free to email our Race Secretary for more information via racesecretary@ypsc.com.au

Our Competition Calendar follows and is accurate at the time of printing. This is a comprehensive list of swim meets and includes club nights. Please note that there may be changes to this list at any time with updates made via Team APP and our website.

Club Run Swim Meets

Yeronga Park Preparation Meets

Our club was allocated its first Meet of the 2022-2023 Season on Saturday 18 June 2022 which was a Short Course Preparation Meet.

We will apply to be allocated a Long Course Preparation Meet later in the 2022-2023 Season.

We notify members in advance and ask that all club members support us on the day and prior with the organisation of the meet.

Information will be emailed to all club members with updates and requests for assistance.

Brisbane Championship Meets

As a club, we target the Brisbane Championship Meets to ensure that we achieve maximum points and remain in the Brisbane Swimming Premier Division. The events that we will target are: Brisbane Relay Championships, Brisbane Open Water Championships, Brisbane Sprint Championships, Junior Metropolitan Championships and Senior Metropolitan Championships.

Queensland Championship Meets

Most of our training revolves around peaking for the Queensland Championships in December. From this meet, swimmers are selected for Development Squads, State Age and State Open Teams and to compete at our National Championships. In addition, we do target the Queensland Short Course Championships and the Queensland Open Water Championships. The Queensland Sprints Championships in February is a good meet to compete over the 50 metre events (this is NOT a targeted meet).

Australian Age & Open Championships

Last season we had many swimmers qualify to compete at the Australian Open Water Championships, Australian Age Championships, Australian Open Championships and the Australian Short Course Championships. This year the goal will be for more swimmers to qualify at this level and the aim is for higher placings and to make Australian Teams.

Competition Calendar Season 2022-2023

Month	Date	Activity	Targeted Meet Yes / No
2022			
July	2	SPW Short Course Prep Meet, St Peter's Lutheran College	No
	24	Brisbane Junior Short Course Championships, Chandler	Yes
	30 to 31	Brisbane Senior Short Course Championships, Chandler	Yes
August	12 to 14	Queensland Short Course Championships, Chandler	Yes
	24 to 27	Australian Short Course Championships, Sydney	Yes
September	3	Brisbane Open Water Championships, Oz Ski Resort Coolum	Yes
	10	YPSC Long Course Prep Meet, Yeronga Pool	Yes
October	12	Club Night, Yeronga Pool	Yes
	15	Queensland Open Water Championships, Oz Ski Resort Coolum	Yes
	22	Chandler Long Course Prep Meet, Chandler	Yes
	26	Club Night, Yeronga Pool	Yes
	30	Brisbane Relay Championships, Chandler (Keep date free. All swimmers to be available for selection)	Yes
November	9	Club Night, Yeronga Pool	Yes
	20	Somerville House Long Course Prep Meet, Somerville House	Yes
	23	Club Night, Yeronga Pool	Yes
December	7	Club Night, Yeronga Pool	Yes
	10 to 16	Queensland Championships Open & Age, Chandler	Yes
2023			
January	15	Churchie Sprint Prep Meet, Churchie	Yes
	18	Club Night, Yeronga Pool	Yes
	25 to 28	Australian Open Water Championships – Open & Age, Location TBA	Yes
	28 to 29	Brisbane Sprint Championships, Chandler	Yes
February	1	Club Night, Yeronga Pool	Yes
	4	Iona Long Course Prep Meet	Yes
	TBA	Victorian Open Championships (Team selected by Head Coach), Melbourne	Yes
	11 to 12	Queensland Sprint Championships, Chandler	No
	15	Club Night, Yeronga Pool	Yes
March	1	Club Night – Alan Waite Handicap Relay, Yeronga Pool	Yes
	4 (TBC)	Club Championships - Afternoon (Date to be confirmed), Yeronga Pool	Yes
	10 to 12	Brisbane Senior Metropolitan Championships, Chandler	Yes
April	1 to 2	Brisbane Junior Metropolitan Championships, Chandler	Yes
	7 to 9	Australian Age Multi Class Swimming Championships, Location TBA	Yes
	9 to 15	Australian Age Championships, Location TBA	Yes
	17 to 20	Australian Open Swimming Championships, Location TBA	Yes
May	TBA	Short Course Prep Meet	Yes
June	TBA	Short Course Prep Meet	Yes
	13 to 18	Australian Swimming Trials, Location TBA	Yes

List is correct at time of printing. Any changes will be notified to club members via email and Team APP.

NOTE: COACHES ATTEND TARGETED MEETS ONLY.

You are welcome to compete in non-targeted meets, however, our Coaches will not be in attendance unless otherwise notified.

Brisbane Swimming offer Transition & Development Meets on their website, under the Competition Calendar tab. You can nominate for these meets. Transition & Development meets are usually for swimmers to gain qualifying times to compete at a Brisbane Region level. Our Coaches do not attend these meets.

Links to Brisbane, Queensland & Australian Swimming Event pages can be found here:

Brisbane Swimming	Click HERE
Swimming Queensland	Click HERE
Swimming Australia	Click HERE

How to Enter Swim Meets

All entries for Swim Meets are made through the Swim Central System.

Please go to <https://swimcentral.swimming.org.au> and follow the prompts below.

Navigate to “Events” in the menu and use the calendar to select the meet date and select “View Event” to see more information or to nominate for the meet.

Swim Central automatically calculates a swimmer’s eligibility for events at a swim meet, and will display these events automatically. Please ensure that the Nominee in the drop down is the family member you wish to nominate. Select the Details tab to view more detailed event information.

Add events to the Shopping Cart using the “+” button and choose the “Make Payment” button to finalise the nomination.

Club Clothing / National Uniforms

The club keeps on hand a stock of club shirts and swimming caps available for purchase. We ask all our club members purchase a club shirt and swim cap so that you represent Yeronga Park Swim Club with pride and are part of the Team. Additional uniform items (i.e. hoodies, umbrellas etc) become available throughout the season and you will be emailed about these separately.

Kylie Sheehan is our clothing coordinator and she can be contacted via email at clothing@ypsc.com.au or you can catch her at the pool on club nights. Contact Robyn to arrange to try on and purchase items.

National Uniforms

Both Pool and Open Water National uniforms are ordered separately due to the differing climates and uniform requirements for each event. Qualifiers will be contacted to arrange sizing. National Uniforms will be purchased each year and all qualifiers are expected to wear the new uniform. National Uniforms cost up to a maximum of \$200 per kit.

Club Clothing Available for Purchase

Club Shirt & Shorts \$35 each	
Club Swim Cap \$10 each	
Club Baseball Cap & Bucket Hat \$15 each	
	

Club Committee Meetings

Club Committee meetings are held once a month on a Monday night starting at 5:30pm, at the pool (usually on the 3rd Monday in the Month).

If you would like to get involved and help with the running of the club, you can join the club committee officially at the AGM. We are always looking for help during the season so see any of our committee members to offer your assistance.

If you have any questions, issues or would like to make suggestions about the running of our club please email our President via president@ypsc.com.au or our Club Secretary via secretary@ypsc.com.au

Communication

As a club, we communicate using our social media platforms on Facebook and Instagram and also via email and Team APP. Once you are a member of the club your email address will be added to our Current Members Distribution List. This list will be utilised by our Secretary, Race Secretary, Clothing Co-ordinator and other members of our Management Committee to disseminate information to all our members. If you would like to be removed at any stage (this is not recommended unless you are leaving the club) from this email list please send an email to our Secretary requesting removal via: secretary@ypsc.com.au

We strongly encourage all our members / parents & carers to download Team APP via your app store and search for Yeronga Park Swim Club and request to join. We use Team APP as a communication tool to save your inbox from being inundated with emails. The 'NEWS' and 'EVENTS' tabs in Team APP are where most of the information is stored that you will need regarding swim meets and club nights.

Child & Youth Risk Management Strategy

Our Child & Youth Risk Management Strategy can be found on Team APP and our website under the 'HANDBOOK & POLICIES' tabs on both platforms. Copy and paste the following link into your web browser to be taken directly to the document via our website: <https://yerongapark.swimming.org.au/content.aspx?file=72631|61506i>

Our Child & Youth Risk Management Strategy includes our Code of Conduct, and it is paramount that both swimmers and parents understand our expectations.

Expectations For Parents

The following are a list of points or expectations, which we believe all parents, should spend some time reading. During a swim season, emotions run high and refocussing on what we all aim for needs to be reassessed.

- ☑ Kids aren't perfect they are constantly developing. Parents need to appreciate their developments, not the final product.
- ☑ Kids will swim well at times and not so well at other times.
- ☑ Kids need appreciation and encouragement for themselves, not the swim.
- ☑ Kids need to set their own goals with their Coach's guidance. They cannot commit themselves to swim your goals. The kids do the work, they commit themselves to what they want and to what they think they can do.
- ☑ To help new swim parents to gain a positive perspective on the sport.
- ☑ Parents' role is to comfort and applaud and the Coach's role is to offer constructive criticism.
- ☑ You realise that every child can be a winner, even the opposition (If you know that winning is doing your best).
- ☑ To not offer swimming advice to your kids.
- ☑ To remember that swimming is not the only thing that kids do. Let the kids tell you about training or swim meets, rather than asking them what they did at training.

Developing, encouraging, commit, fun, positive, comfort, winner, swimming and training are the key words and each of these aspects intermingle to being successful.

Useful Links

Swimming Australia	https://www.swimming.org.au
Swimming Queensland	https://qld.swimming.org.au
Brisbane Swimming	https://brisbane.swimming.org.au
Yeronga Park Swim Club	https://yerongapark.swimming.org.au
Swim Central	https://swimcentral.swimming.org.au

Swimming Australia's parent handbook is a good general info book for parents and can be found via this link <https://www.swimming.org.au/community-1/parents-and-guardians>

Sponsorship

In early 2015, Yeronga Park Swim Club embarked on a sponsorship journey with the **Yeronga Services and Community Club**. The support of community activities is very unique and is greatly appreciated by all of our club members. Not only is the Services Club support financial; they also supply us with advertising, free conference room hire and provide a prime raffle opportunity every Saturday night. A great club like ours cannot be as successful as it is, without the support of the local community.

Once again, we have continued support and sponsorship from **Shelly**, our Pool Lessee, and the **Yeronga Park Swimming Complex**.

We are grateful to have Alan and Ange Wall from **Accelerate Automotive** continue their sponsorship for our YPSC Swim Meets. We thank them for their continued support of our club.

Team Elite Merchandise came on board as a sponsor in early 2020 and we are very proud to have them as our Clothing and Merchandise Partner for the years to come.

Batch Mewing Lawyers came on board in 2021 as a Gold Sponsor. As always, we thank Andrew Mewing and Batch Mewing Lawyers for their continued support of our club.

Semi-Trailer Rentals came on board in 2021 as a Silver Sponsor. We thank Semi-Trailer Rentals and the Portas Family for their continued support of our club.

If you are interested in a Corporate Sponsorship opportunity, please contact our Corporate Sponsorship Co-Ordinator via: sponsorship@ypsc.com.au

Our Sponsors

Yeronga Park Swimmers are proud to be supported by:



BATCH MEWING
LAWYERS

**SEMI-TRAILER
RENTALS**



Established 1985



Yeronga Services
and Community Club



ACCELERATE
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