

October 7, 2020

# Yeronga Park

## Chlorine Chronicle

Issue No: 384

### From our President, Adam Sheehan

Welcome to the 2020/21 season. Firstly, welcome to those who are new to the club and also our returning club members and their families. Looking at our membership levels already we are in for a great year ahead.

There are many words that I can use to describe the last 8 months since we sent out our last newsletter and I am sure you all have plenty as well. Through this time with a little break due to COVID-19 our squads have been able to continue training which has been fantastic and a big thank you has to go to Shelly and the Yeronga Park Swimming Complex team for making this happen.

Since being back in the water and over the last 6 weeks we have run a very successful short course meet, held our AGM, attended Brisbane and QLD Short Course Championships and a number of swimmers and coaches have been selected in various representative teams, so certainly not a quiet time. Well done to all of the swimmers and coaches that competed at these meets.

As you all aware our Director of Coaching Rob Van Der Zant, has not been well over the last month and has been away from the pool. I can assure you that he has not missed what has been going on and is keeping up to speed with the progress of all of our swimmers. In Rob's absence Kate, Mikey, Reed and our other coaches have done a terrific job in keeping the squad focused and on track. On behalf of the committee I would like to extend a great big thank-you to these coaches for the job they have done and the professionalism they have shown through a very difficult time.

As we move forward, we have our first club night this Wednesday evening which is wonderful, but it will be a little different to those in the past due to COVID restrictions. Can I please ask that everyone follow the required protocols and to be patient. Whilst other activities we do in our day to day lives are starting to open up a little more we still need to conduct club nights under the provisions set-out by QLD Swimming and at this time they have not changed.

Also don't forget we have the combined Brisbane and QLD Open Water Championships on Saturday 17 October. This is always a great event and something a little different for those who are used to the pool events, we look forward to having a good turnout from our YPSC team.

Look forward to seeing everyone around the pool.  
Adam Sheehan



### UPCOMING EVENTS

**Oct 7**

Club Night, Racing @ 6:15pm

**October 17**

Brisbane & QLD Open Water Champs, Oz Ski Park Coolool

**Oct 21**

Club Night, Racing @ 6:15pm

**Oct 25**

Carina CJ's Long Course Prep Meet, Carina

**Nov 4**

Club Night, Racing @ 6:15pm

**Nov 8**

Brisbane Relay Champs, Chandler – Everyone to be available to swim.

**Nov 18**

Club Night, Racing @ 6:15pm

**Nov 21 & 22**

Long Course Prep Meet – Meet is yet to be allocated. Please keep weekend free.

**Nov 26-29**

Australian Short Course Champs, Chandler via virtual link to other pools.

**Dec 2 (Christmas Break-up)**

Club Night, Racing @ 6:15pm

Check our website for updated news & events  
<https://yerongapark.swimming.org.au>

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## From our Coaches

Welcome back!

It has been a great 15 weeks back training after our break due to COVID. As coaches, we are so proud of our swimmers and the lengths they went to during the 12 week COVID break to work on their fitness and strength condition. We would like to thank all the parents for driving their children to the closest pools, oceans or lakes to allow the swimmers to maintain some sort of fitness level. It was no surprise how fast everyone's fitness came back due to everyone's motivation and love for the sport. Everyone hit the water with a great attitude and looking at where we are now it is hard to believe these athletes even had a break at all, let alone 12 weeks!

On the 15<sup>th</sup> of August, Yeronga held a short course COVID-Safe Prep Meet, which was a great opportunity to see the swimmers race for the first time since March. We had 75 club members compete at this carnival where we saw some great swims, some personal bests and a great opportunity to gain race experience. In the last month, we had 55 swimmers compete at Brisbane Short Course Championships and 28 at Queensland Short Course Championships both held at Chandler. To compete in these two competitions specific qualifying times were required to be met by swimmers. Thank you to all team managers who helped time keep as well as assisting coaches with the swimmers and the new method of self marshalling. Congratulations to all the swimmers for their efforts over these two weekends.

Our 12 years and over swimmers are in the process of preparing themselves for Brisbane and Queensland Open Water (combined competition) to be held at a new venue, Oz Ski Resort Coolum. There is a 2.5km and a 5km option for swimmers.

The start of a new swimming season is here, which means, there are a lot of competitions around the corner. Starting with our club nights. We coaches love the idea of club night. The senior swimmer will be leading the way this year with the heats being swum in order of fastest to slowest. This also allows our younger swimmers to watch the 'big kids' race. Club night is a great racing opportunity for everyone to practice not only their fast swimming but to be familiar with marshalling, diving off the blocks, specific race rules (touching with two hands, finishing on your back etc) and race process for the more experienced swimmers. We really encourage everyone to attend the next two club nights for race practice to prepare for our first long course meet at Carina Leagues (CJ's) on Sunday 25<sup>th</sup> October. You can achieve Queensland Long Course Champs qualifying time at this meet. Please remember to keep November 8<sup>th</sup> free as almost ALL swimmers will be needed for Brisbane Relays. This day is one of the most enjoyable carnivals of the whole year. Everyone loves Relays.

We have 10 weeks before Queensland Long Course Championships, lets continue to train hard, race fast and always have fun. Thank you for the past 15 weeks and look forward to the rest of this year and another great season at Yeronga Park.

Rob, Kate and Michael.

## Ted Curtis Corner

Hello Yeronga Park Swimming Club Family & Friends,

Tonight, we are holding our first club night for the 2020/2021 Season. A little while ago who would have thought that this would even happen.

A lot of people have worked hard to get our great sport of swimming to this stage and I am sure with all the families support we will succeed. A BIG thank you to our Yeronga Park Swim Club Committee for their heard work. It is appreciated.

In the last month, we have been involved in Brisbane and Queensland Short Course Championships. They were very long days but it was great to see so many Yeronga Park swimmers and parents involved.

At our last AGM, in August, we accepted three people as Patrons for our club. First, is Shelly Douyere. Shelly is one of the backbones of our club and is the pool lessee of our great swimming complex and just a great person!

Second, is Russell Henry. Russell is one of our original club members from the first club night in the beginning and still trains with the Master's group.

Lastly, is Hazel O'Brien. Hazel was also an original club member. Hazel sadly passed away early this year. Our Committee decided to honour Hazel and her family with a Patronage again for one final season. What a great decision.

May I please share with you a foreword that Hazel wrote for the first 25 Years of Yeronga Park Swim Club. With the assistance of people like Jean Davison and many others over the years we are able to keep our club history remembered.

Enjoy Club Night Number 1.

Regards

Ted



Club Shirt & Shorts \$35 each

## Clothing News

**NEW club merchandise is available for purchase.** All swimmers are to wear a club swim cap and shirt when competing.

See Robyn Nolan on club nights or email her via [clothing@ypsc.com.au](mailto:clothing@ypsc.com.au)

### Club Swim Caps \$10



### Club Bucket Hat \$15



### Club Baseball Hat \$15



**Pirates**

**HUMOUR SPOT**

*A pirate walks into a pub. Another patron, having never met a pirate before, wants to know the stories behind his battle scars. He buys the pirate a pint, and strikes up a conversation.*

*"So how'd you get the peg leg?"*

*"Shark got me in the South Seas."*

*"How about that hook?"*

*"Lost the hand in a sword fight."*

*"And the eye patch?"*

*"Seagull pooped in me eye."*

*"Are seagull droppings really that dangerous?"*

*"No, but it were me first day with the hook."*

Check our website for updated news & events  
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## SLOGAN OF THE WEEK

"Winning is a habit. Success is a choice"

## Club History

### FORE-WORD.

Late 1987 Secretary Ross Currin asked me would I be prepared to attend to the collating of the History of the Club in time for the Twenty-fifth Anniversary of its foundation. The thought came to my mind, "Why me?", then a second thought came "Why not me?" and it was on this second instinct that I undertook to try to gather and relate the happenings of twenty-five years.

During 1988 very little was attempted because of the busy year I (and probably all of you) had in relation to the Country's Bi-Centennial Celebrations. The "South of the River" Bi-Centennial Committee kept me out of mischief for most of the year. With the advent of 1989, the realism of the Club's Silver Anniversary hit me and with so many wet week-ends and wet Easter, the project took form.

Might I say here and now, that twenty-five years of my life was re-lived and the pleasure I have received from delving into the Club's minutes and Annual Reports has made this task one of nostalgia, renewed love and admiration of all the wonderful people this human being has had the privilege of working with and sometimes playing with, over these twenty-five years.

Thank you one and all for your friendship, I still regard every member, past and present of this great Club, as my very good friends and associates.

Sincerely,

.....Hazel O'Brien.....

PATRONESS & LIFE MEMBER.

With Open Water swimming season upon us, I thought I would share over the next couple of club nights some of the big ocean swims in Australia. The first is the Busselton Jetty Swim in Western Australia.

## Busselton Jetty Swim

Events / Open Water Swim / WA / Busselton Jetty Swim

**Date:** 14 February 2021  
**Location:** Busselton, WA  
**Distance/s:** 3.6km  
**Website:** [Visit website](#)

The Busselton Jetty Swim is a 3.6km ocean swim around Western Australia's iconic Busselton Jetty, attracting around 2,000 swimmers each year.



Solo swimmers and teams are welcome to take part in the swim.

Six waves of up to 400 swimmers will start the event, spaced approximately 90 seconds apart to stagger the entry of participants into the water. Relay teams will start after the solo swimmers.

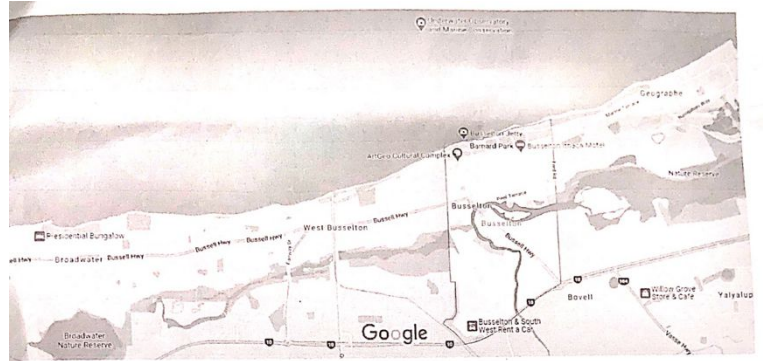
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2018

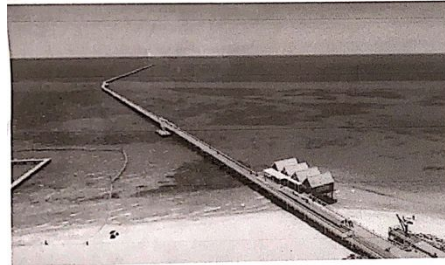
[View full results](#)

Andrew Donaldson	00:42:14
Kyle Lee	00:42:16
Harry Hewitt	00:43:01
Rebekah Weller	00:44:52
Tessa Viljoen	00:44:54
Bianca Petite	00:47:31

[Show all results](#)



Map data ©2020 Google 500 m



### Busselton

Western Australia 6280

Mostly cloudy · 16°C  
1:00 PM

#### Quick facts

Busselton is a city on the southwest tip of Western Australia. It's known for its sheltered beach and seasonal humpback whale populations. The beachfront features the 19th-century Busselton Jetty. This wood pier stretches nearly 2km to the Underwater Observatory, where life in a coral reef is on view. To the city's northeast, the towering tuart trees of Tuart Forest National Park are home to 2 species of possum.



## Email contact details for Committee Members

### President

Adam Sheehan

[president@ypsc.com.au](mailto:president@ypsc.com.au)

### Club Secretary

Jean Davison

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### Treasurer

Peta McGrory

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### Race Secretary

James Basham

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### Registrar

Bill Lynn

[registrar@ypsc.com.au](mailto:registrar@ypsc.com.au)

### Clothing

Robyn Nolan

[clothing@ypsc.com.au](mailto:clothing@ypsc.com.au)

### Club Night / Meet Co-ordinator

Robyn Nolan

[clubcoordinator@ypsc.com.au](mailto:clubcoordinator@ypsc.com.au)

### Corporate Sponsorship

Co-ordinator

Ben O'Dwyer

[sponsorship@ypsc.com.au](mailto:sponsorship@ypsc.com.au)

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