December 4, 2019

Yeronga Park Chlorine Chronicle

Issue No: 379

Welcome to the last club night of 2019. With the short course season going so long it has felt like the long course season has been somewhat rushed, but nonetheless, he we are at the end of the year.

As one of the top Clubs in Queensland, one of our major goals is compete strongly at the upcoming Queensland to Championships. Congratulations to our strong team of 28 swimmers are contesting this meet beginning 14 December. I would like to take this opportunity to point out how prestigious this meet is. All of our 28 swimmers competing have been pretty much swimming for the majority of their lives. 27 of our 28 swimmers are no younger than 14 years old. It is without a doubt the strongest age group competition in the world and due to tough qualifying standards, you are pretty much in the top 30 to 40 swimmers in Queensland just by qualifying. I pride myself on being a long term development coach and our program at Yeronga Park encourages and nurtures longevity in our swimmers.

Over the Christmas period I will be sending out our target meets leading up to Easter. Merry Christmas, enjoy your time with family and see you around the pool.

Rob



Upcoming Events

December 14-20

Queensland Championships Chander

January 19

Yeronga Park Sprint Prep Meet

All parents will need to volunteer to assist with the running of this meet.

January 25-27

Australian Open Water Championships, Adelaide

January 29

Club Night, 6:15pm start

February 1-2

Brisbane Sprint Championships Chandler

February 8

Logan Vikings LC Prep Meet

February 12

Club Night, 6:15pm start

February 14-16

Victorian Open Championships, Melbourne

February 15-16

Queensland Sprint Championships,

NOT A TARGETED MEET

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Check our website for updated news & events https://yerongapark.swimming.org.au Hello Fellow Club Members,

What a whirlwind start the season it has been. Our membership numbers have continued to grow and it is great to see so many junior swimmers having a go on club nights.

I would like to congratulate all those who have represented the club this season be it open water or in the pool and best of luck to those who will be swimming at the upcoming QLD Championships. I know Rob loves this week and gets pumped up for it weeks in advance, and he will be greatly supported by Kate and Mikey.

Thanks to those who have assisted in timekeeping at the Brisbane Relay Championships and Albany Creek a fortnight ago, it was great to see so many people get involved. Please remember if we have swimmers attending meets we need to assist in timekeeping as a club.

We continue with our fund raising efforts with the raffles at the Yeronga RSL each Saturday night, our BBQ's on club nights and we have just completed our first ever Bunnings BBQ on Sunday which was a great success. A special mention to James Basham who covered a number of shifts during the day and helped with setting up and cleaning up on the day along with running around on Saturday sourcing additional tables etc. Our fundraising allows us to run our end of season presentation and raise funds for club improvements. If you are ever able to assist on club nights or at the RSL on a Saturday night please let either James or myself know. You will usually find us cooking the BBQ on club night and we are always happy for others to lend a hand.

If you haven't already please put a 'save the date' in your calendar for our qualifying meet on Sunday 19 January 2020. This is a major event for the club and I am sure will be a great day for all of our swimmers.

As we head into our last club night for the year, on behalf of the committee I would like to wish everyone a safe and happy holiday season and look forward to seeing everyone back in 2020.

Adam Sheehan

President

Yeronga Park Swim Club



RSL Volunteers Needed!

Thank you to those swimmers & families who have volunteered already this year!

Please support our fundraising activities by volunteering one hour of your time to sell raffle tickets at the Yeronga RSL from **6pm-7pm** on Saturday evenings.

Saturday nights to be filled are:

January 25: Volunteers Needed February 1: Volunteers Needed February 15: Volunteers Needed February 22: Volunteers Needed February 29: Volunteers Needed

It is very simple and we can pair you with another family who has sold tickets before.

If you are under 18 years of age then you must attend with a parent or other swimmer who is over 18 years old.

Reminder

All swimmers who are competing at Open Water & Pool Nationals must complete 2 x Raffle nights in order to receive subsidized uniforms.

Swimmers who do not complete two raffle nights will be charged the full amount for your uniforms.

Contact James Basham via email to advise which night you can assist.

racesecretary@ypsc.com.au

Check our website for updated news & events <u>https://yerongapark.swimming.org.au</u>

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Ted Curtis Corner

Welcome to our club night!

Tonight we are holding the "Ted Curtis Brace Relay" and we have a special visit by Santa.

It is a great honour to have a club night named after me, I hope you enjoy it.

Our last club night was very good in my opinion. One thing that impressed me was that we had 9 x 100m Individual Medley heats and while I was refereeing I only saw 2 x swimmers that would have been disqualified for an incorrect turn from Backstroke to Breaststroke. Excellent.

I also think that it is important to thank club members who assist our great club. A big thank you to:

- Jye Cornwell Microphone
- Andrea Wold Marshalling
- Robyn Nolan Check Starter
- James Basham Computer
- Jayne Burton Computer

We appreciate everyone wo assists on club night.

I am looking forward to seeing parents and swimmers attending the State Titles.

Merry Christmas and I look forward to seeing you all in 2020.

Ted



<u>Humour Spot</u>

I have purchased a new joke book. I hope it's an improvement!



SLOGAN OF THE WEEK

Great success in life is achieved by people who continually set higher standards for themselves.

Check our website for updated news & events <u>https://yerongapark.swimming.org.au</u>



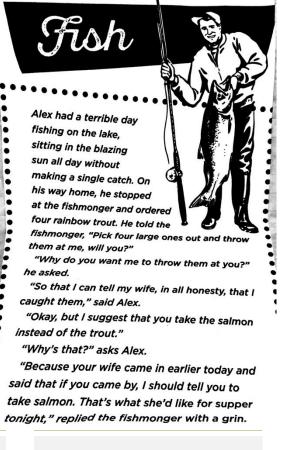
Clothing News

NEW club shirts are on order and we will advise when they are available for purchase.

We encourage all our swimmers to wear a YP cap and shirt when competing.

See Robyn Nolan on club nights or email her via <u>clothing@ypsc.com.au</u>

Current T-Shirts N/A Caps \$10



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Club History

I was going through the Club History of former Chlorine Chronicles and I found this article which was in our local newspaper.

Hope you all enjoy reading this!

Yeronga Park Swimming Club

Chlorine Chronicle Mk 11

October 1995 No. 33

Stoked by strokes

Robert Van Der Zant's head is still in the clouds after his most successful international swim meet.

The 20 year-old rocketed himself into frontline contention for the 1996 Atlanta Olympics when he bagged two finals and three personal best times at the recent Pan Pacific Games at Atlanta.

The Yeronga Park club member twice swam himself into the record books clocking the second fastest alltime record by an Australian in the 200m individual medley (2min.03.61) and the fourth fastest all-time record in the 100m backstroke (56.92sec).

And, after the heady excitement of the meet, Robert says it has taken him the past week to get his feet back on the ground.

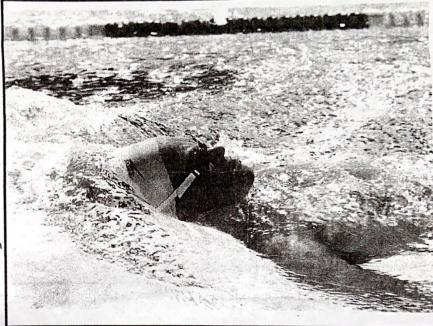
"We were racing the best competitors in the world," he said.

'I was ecstatic to swim a personal best in each event but to make the finals was an even bigger bonus".

And even Atlanta, a city full of skyscrapers and surrounded by the elite of his sport, was a full-time buzz.

"We were staying on the 65h floor of the Peach Tree Hotel," he said.

"One morning we opened up the windows and clouds were flying by .



.. it was incredible," he said.

"The whole meet was incredible." Robert, trained by his brother Rick at Yeronga has now set his sights on the Australian championships in Sydney in April - the qualifiers for the 1996 Atlanta Olympics.

"It's all about going to the Olympics . . that has been a long-term goal of

mine.

"But it comes down to performin on that day in April."

He agreed the unblinking dedication needed to succeed in swimming was an obstacle but remained true to his Olympic dream.

"It is definitely worth it.".

Check our website for updated news & events <u>https://yerongapark.swimming.org.au</u>

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Email contact details for Committee Members

President Adam Sheehan president@ypsc.com.au

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Treasurer Peta McGrory treasurer@ypsc.com.au

Race Secretary James Basham racesecretary@ypsc.com.au

> **Registrar** Bill Lynn <u>registrar@ypsc.com.au</u>

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Yeronga Services and Community Club





Check our website for updated news & events https://yerongapark.swimming.org.au