



# Coaches Report

## Queensland Championships Day 4

### Heats

How exciting to have a first timer in Lily Bogomiagkoff and good buddy Bree Burton kick start the day in the girls 14/15 years 400m Individual Medley. Bree 5.50.33 PB (22<sup>nd</sup>) and Lily 5.58.44 (23<sup>rd</sup>), both looked awesome competing in one of the toughest events on the program. Well done ladies. Good luck at Open Water Nationals in 6 weeks. See you at training tomorrow.

The girls are back in town, congratulations to Chloe Healy-Johnson 1.04.50 and Laura Brosnan 1.04.95 for smashing their way into the girls 17/18 years 100m Butterfly final.

Paige Leonhardt has been chomping at the bit waiting to race all week and what a fantastic start to her campaign today. Paige smashed her PB posting a slick 1.06.29 in the multiclass 100m Butterfly. Who doesn't love PB's in the morning? Good luck in the final tonight Paige.

Laura Brosnan made her 2nd final of the night in the girls 17/18 years 200m Medley 2.26.56. Top swim Laura, and good luck tonight.

Jonathon Friend might have swum his last race for Yeronga Park (for now) in the 17/18 years 200m Individual Medley 2.15.23 PB. Jono is 1st reserve for tonight's final. Congratulations to Jono on his decision to join and be accepted into the army. Jono takes up this new life direction in January, and on behalf of our YP swimming family, I wish Jono all the best and we will all miss you dearly. Lucky for us, we still have his brother Rob to keep us smiling. Thank you Jono, we wish you well.

Jacqueline Davison-McGovern swam a strong heat this morning in the girls 14 years 400m Freestyle 4.30.70. Jacq will contest this final 1 hour after swimming the final of the 1500m freestyle tonight. Huge day for Jacq, good luck in both your finals.

Josh Basham swam a huge PB in the boys 14 years 400m Freestyle 4.42.26 (33<sup>rd</sup>). After swimming this race around 12.30pm, Josh waited around until 5pm to swim his timed final in the boys 14 years 800m Freestyle (9.34.58). Josh slashed 10 seconds off his PB to finish 12<sup>th</sup> in Queensland. A fantastic meet for Josh and back to training tomorrow in preparation for Australian Open Water Championships in January.

Ethan Nagle also had 2 big events today swimming both the 200m and 800m freestyle. Ethan swam just outside of his best in the 200m free in 2.05.29 (33<sup>rd</sup>) and showed plenty of fight backing up late in the afternoon posting a 9.12.82 for 800m freestyle (6<sup>th</sup>).

Ebony Blackstone swam her 1500m Freestyle final in the day session posting another incredible PB swim of 16.57.79. This 33 second PB is a fantastic way to cap off Ebony's campaign. This world class time placed Ebony as 4<sup>th</sup> Queenslander – amazing effort Ebony!



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Rowan Crothers opened his State's campaign with a solid 4.20.16 in the men's 400m freestyle. These were timed finals this morning and Rowan finished 5<sup>th</sup> overall in the men's open.

Congratulations to our 5 Yeronga Park swimmers who will be contesting 7 finals tonight.

## Finals

There was not much time between heats and finals tonight making it one of the biggest days ever. Congratulations to Jacqueline Davison-McGovern, our first Queensland Champion of the week. Being such an all rounder can be tough at big week's like this, but Jacq truly shone tonight in one of her favourite events, the 1500m freestyle. Jacq was awarded the gold medal in the 14 years 1500m freestyle in a time of 17.25.49 (PB). Congratulations Jacq, a well deserved result.

Charlotte Webby placed 6<sup>th</sup> tonight in the women's open 1500m freestyle in a time of 17.18.66. Webby is great value down at the Yeronga Park tent providing lots of entertainment and inspiration. Well done Webby.

Chloe Healy-Johnson 1.04.39 (5<sup>th</sup>) and Laura Brosnan 1.05.24 (7<sup>th</sup>) swam awesome tonight in the girls 17/18 years 100m butterfly. I could not be prouder of these two girls having both spent their first year after finishing High School training full time. Making finals all week demonstrates their love for a sport which is challenging and tough at the best of times.

Within 30 minutes, Laura was backing up in her second final of the night in the 200m Individual Medley swimming a 2.26.23 to finish 9<sup>th</sup> in Queensland.

Paige Leonhardt absolutely dominated the women's multi class 100m butterfly. Paige was a little bit off her amazing PB heat swim in the morning, swimming a 1.07.03. Nevertheless, this swim earns Paige 2 gold medals, in the 17/18 years and open division. Awesome effort Paige, looking forward to two more days of racing.

An hour after competing in the 1500m free, Jacqueline Davison-McGovern was back competing in the 14 years 400m freestyle. 4.36.82. Jacq was fatigued but still showed pure heart and courage to finish 9<sup>th</sup>. Hope you get some good rest tonight Jacq for your remaining swims.

Heading into the home stretch

Rob and Alberto