



Coaches Report

Queensland Championships Day 1

Heats

Yeronga Park Team are locked and loaded ready for the 2018 Queensland Championships. This year we have 27 qualifiers about to take part in the biggest week on the Swimming Queensland calendar. Before a race is even swum, on behalf of Alberto, Kate and myself, I would just like to congratulate all our swimmers and parents who have achieved great success by qualifying to swim at this prestigious meet.

Kicking off our program this morning was the men and women in the open 200m freestyle. Ebony Blackstone (2.05.79 PB) qualified to swim in the B final tonight. Catie Roberts smashed her PB by 3 seconds swimming a 2.08.19 to finish 21st in Queensland. Well done ladies. Robert Friend swam 1.55.73 (23rd) and Daniel McConnell 1.59.43 (44th) – strong swim boys!

Elke Becks opened her campaign with a strong 2.37.14 in the women's open 200m Breaststroke. Elke swims from Lane 1 tonight. Great job Elke.

Ethan Nagle had a busy day today. After celebrating his birthday yesterday (relay day), Ethan needs to contest this meet as a 16 year old. Good news for Ethan is that he will be 16 years old at next year's Championship as well. Ethan killed it today, swimming three races with three PB's. 200m Fly 2.16.81 (1st reserve); 400m Medley 5.03.86 (18th) and 100m Free 57.05 (39th).

Next up was the open 100m Backstroke. Making the finals was Caitlin Roberts (1.05.24 PB); Jye Cornwell (57.41) and Robert Friend (59.00). Claire Evans swam right on her best with a 1.06.55 and is second reserve for the final.

Jacqueline Davison-McGovern made the finals in both of her events today. Jacq swam 2.26.19 for the 200m IM and 1.04.88 PB for the 100m Fly. Good luck tonight Jacq!

Bree Burton 2.44.20 and Josh Basham 2.36.13 both swam PB's today in the 14 years 200m Medley. Great swim guys! Looking forward to your next race!

Abbey Lynn swam 2.38.81 in the girls 15 years 50m Backstroke. Just a touch outside her best but looking forward to her pet event, 100m Backstroke later in the week.

Finnegan Richmond competed in the boys 15 years 200m Back (2.36.18). Finn is a wonderful member of the YP team, I only wish he would commit to more swimming and less rugby (ha ha!)

Laura Brosnan started her big campaign with a swim good enough to qualify for the final in the women's 17 and over 400m Individual Medley (5.06.87). Her bestie, Chloe Healy-Johnson, swam 5.19.37 to finish 2nd reserve, swimming the fastest time achieved in the past 3 years.

Claire Evans was back in the water again for the girls 16 years 100m freestyle swimming a strong 1.02.21 to finish 38th in Queensland.

Finally, at 2:45pm in the afternoon, Jonathon Friend (1.06.24) and Remi Gordon (1.10.56) contested the boys 17/18 years 100m Breast. Jono made the final tonight and Remi finished 14th in Queensland. Not a bad job for Remi given he has only swum 6 sessions since April 2018! Good job boys.



Coaches Report

Finals

Having one finalist at State Titles is great but having 9 is just epic! Kicking off the night was our recently graduated Bachelor of Clinical Exercise Physiology (First Class Honours) Ebony Alexandra Blackstone. Ebony swam just outside her heats time with a 2.06.32 to finish 18th fastest Qldér. Looking forward to Ebony contesting the longer events.

Next to swim was Elke Becks in her first Queensland Open final. Racing against a Swedish Olympian and an Australian Olympian in Georgia Bohl, Elke swam 2.35.87 to finish 5th in Queensland. Such a fantastic result and a very good sign for things to come.

Caitlin Roberts was just outside the medals tonight finishing 4th in Queensland in what could quite possibly be one of her greatest swims in her long and loving career at YP. Caitlin swam 1.05.04 PB. Amazing swim for a great girl who should be so proud that she is still kicking arse in the pool.

Jye Cornwell was back to his bubbling best swimming a life time PB of 57.12 in the men's open 100m Backstroke. Winning the silver medal is such a wonderful achievement for a young man who has given so much to the sport. Jye hasn't missed a Qld. State Title for the past 10 years and to achieve this result in the open ranks is a real inspiration for his team mates. Jye's good buddy Rob Friend swam in the same race 59.30 to finish 8th overall in Queensland. Great to see Rob making Queensland Open finals. Fantastic result Buddy.

Jacqueline Davison-McGovern was awesome tonight in both of her finals. As always, we know that Jacq has a huge week with lots of km's to be swum. Tonight, she was awesome. Jacq swam a PB tonight 2.25.16 to finish 7th in the girls 14 years 200m medley. Less than an hour later, Jacq swam a strong 1.05.57 to finish 6th in the girls 14 years 100m Butterfly. Big day for Jacq but so much more to come.

Laura Brosnan was at her sizzling best in the girls 17/18 years 400m Medley. Laura won a bronze medal in a time of 5.05.83. Great start to the week for Laura who still has another 8 events to come!

Capping off the first night of finals was the one and only Jonathon Friend. This guy is without a doubt one of the most amazing competitors I have ever seen. Unfortunately, Jono has not been able to train 100% due to study commitments but was still amazing tonight in a PB time of 1.05.51 to claim silver in the men's 17/18 years 100m Breaststroke. Congratulations Jono.

It was so lovely tonight to see Isabelle Flack (one of our junior swimmers) proudly dressed in her Yeronga Park team gear being a basket handler and medal presenter. Visions like this make me so proud to be a coach of Yeronga Park. Well done Isabelle, you did your team proud.

It is the first time in over 30 years of attending State Championships that it has rained so much. Although the rain was pelting down, it did not dampen the spirits of YP swimmers who all seemed to enjoy the atmosphere and rise to the challenge.

See you tomorrow

Rob and Alberto