



Coaches Report

Australian Short Course Championships Day 2

Heats

Rowan Crothers was first up this morning in the men's multiclass 100m Freestyle. Rowan swam a solid 51.48 to just miss a spot in the final. Rowan will be 1st reserve for tonight's final. Paige Leonhardt swam another PB, posting a 1.02.23 in the ladies multiclass 100m freestyle. Paige is the 4th qualifier into tonight's final. Good luck Paige.

Aisha Thornton swam a solid race in the ladies 400m Freestyle, clocking 4.15.56. Both Aisha and myself were hoping for a little faster, but like a true Scottish warrior, I'm positive Aisha will be back tomorrow with a top swim in the 1500m free. Aisha finished 12th and will be 2nd reserve for tonight's final. Good job Aisha.

Robert Friend swam an awesome PB this morning in his pet event, the 200m Individual Medley. Rob swam 2.04.65 to finish 18th in Australia. The good thing about this swim is that I think Rob has even bigger improvements to come if he keeps training hard and aiming high. Well done Rob.

Jye Cornwell was back in the mix again this morning in the men's 50m Butterfly finals. Jye swam right on his best clocking 24.73 to finish 20th in Australia. Jye has some incredible skills, and his first 25m official split of 10.98 was only beaten by a handful of people. Great swim Jye.

Paige was our last swimmer of the morning session in the ladies multiclass 50m Butterfly finals. Paige broke the 30 second barrier for the first time swimming a 29.75. Paige finished 4th overall.

Finals

Paige Leonhardt nearly equalled her PB swim tonight from the heats placing 5th in the ladies multiclass 100m freestyle event (1.02.24). It was another close race, and nice to see Paige fighting every inch of the way.

The boys swam in the final event of the night, in the men's Club 4 x 200m Freestyle relay.

The boys lead from start to finish on their way to winning the gold medal. Robert Friend 1.53.18, Jye Cornwell 1.52.73, Daniel McConnell 1.52.00 and Rowan Crothers 1.55.74. Congratulations to our new Australian Champions.